

## Session details

Sporting Dynamite training sessions are held at

Sporting Edge Community Sports Centre

1 Silverlace Avenue

Openshaw

M11 1GN

Telephone: 0161 301 1412

The facility can also be located using the old postcode of M43 6AT

All our sessions are on a Friday evening and cost £3 (unless otherwise stated)

4 to 5pm - Cheerleading, Teenies session (5yrs to 9yrs only)

5 to 6pm - Street Cheer session (5yrs and over - this is a mixed class for all ages)

6 to 7pm - Cheerleading, Junior A session (normally 9yrs to 12yrs only)

7 to 8pm - Cheerleading, Seniors session (12yrs and over)

7 to 8pm - Gymnastics/Flexibility class (Junior A, normally 9yrs to 12yrs - Invitation only)

8 to 9pm - Gymnastics/Flexibility class (Seniors 12yrs and over - Invitation only)

If you require further information please contact Sporting Dynamite;

by email "[click here](#)"

by telephone "[click here to go to the contacts page](#)"

All persons attending are expected to wear clothing suitable for dance. Jogg pant, T-Shirt and trainers/plimsoll's are ideal.

Please ensure your child does not attend wearing jewellery and body piercings as these are not permitted in our training sessions for health and safety reasons and your child will only be instructed to remove them.

We cannot be held responsible for valuables so please ask your child to leave all items of value at home.