

Session Videos

These are videos from training sessions and events.

Warning

Stunts and certain gymnastic techniques are only to be performed at recognised training sessions. Please do not try any stunts or gymnastic techniques at home or with your friends: Training sessions are the only place cheerleaders should attempt stunts and gymnastics, this way you are in a safe environment with proper instruction and the correct safety mats.

Please take a look at these videos; the video's are to act as a reminder of certain routines and can serve as a means to see how far the squad has developed over a period of time.

{youtube}SkSdBm_oaZ0|280|210|1{/youtube}

{youtube}ooCCyltcofg|280|210|1{/youtube}

Dev working it up?

So where did you park the car?

{youtube}gXOH5iEeTE4|280|210|1{/youtube}

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{youtube}2Pt74cf90tE|280|210|1{/youtube}

Â Devon's Dance

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Streetcheer session workshop